A. Women's Health

We are going to ask you several questions about your pregnancy history, use of hormone medication, menopause, and other important information concerning women's health.

1. Have you ever been pregnant?

   rhpreg

   1 Yes
   2 No

   ➔ If Yes,
   How many times have you been pregnant?
   rhprgcnt times

   Did you ever have a pregnancy that lasted at least 6 months?
   rhprg6mo

   1 Yes
   2 No

   ➔ If Yes,
   How old were you at the end of the first of these pregnancies?
   rhpgage1 years old

   How old were you at the end of the last of these pregnancies?
   rhpgage2 years old

   How many live births did you have?
   rhbcount live births

2. Have you ever taken oral contraceptive pills (birth control pills) for any reason? (note: include Norplant)

   rhbcp1

   1 Yes
   2 No

   ➔ If Yes,
   Are you currently taking oral contraceptives?
3. Have you gone through menopause or the change of life?

   **rhchange**
   1. Yes
   2. No
   8. Not sure

   ✔ If Yes,
   **rhpstop**
   1. Naturally
   2. By surgery
   3. Other

   How old were you when this occurred?
   **rhmage**
   □ years old

---

**A. Women's Health - continued**

4. Have you had a hysterectomy, that is, has your uterus or womb been removed?

   **rhhyst**
   1. Yes
   2. No
   8. Not sure

5. Do you still have both your ovaries, only one, or none?

   **rhovcnt**
   1. Both
   2. Only one
   3. None
   8. Not sure

6. Which of the following best describes your current menopausal status?

   
   ..
rhmstat

1. Periods have stopped completely for at least 12 months
2. Monthly periods have become infrequent or very irregular
3. Still having regular or fairly regular periods and taking hormone pills
4. Still having regular or fairly regular periods and not taking hormone pills
5. Other
6. Don't know

7. During the last 12 months have your periods...

rhmenst12

1. Become further apart?
2. Become closer together?
3. Occurred at more variable intervals?
4. Stayed the same?
5. Stopped completely?
6. Not sure

A. Women's Health - continued

The next questions are about hormone replacement therapy. That is the use of estrogen or other hormones for women who have gone through or are going through menopause, or to treat certain symptoms. It does not include the use of hormones for birth control.

8. Have you ever used estrogen or hormone replacement therapy that was not for birth control?

rhhrt

1. Yes
2. No
3. Not sure

⇒ If Yes,

Have you used any "natural" hormones that you can get without a doctor's prescription? (These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppositories, or skin cream.)

rhnhrt

1. Yes
2. No
3. Not sure

What types of "natural" hormones have you used? (Do not include...
hormone preparations that need a doctor's prescription.)

Mark all that apply.

- Wild yam/Progesterone cream
- Wild yam pills
- DHEA
- Phytoestrogen pills (soy or flax)
- Phytoestrogen creams
- Phytoestrogen containing foods
- Other
- Don't know

Are you using any of these natural hormones now?

The next questions are about female hormones you get with a doctor's prescription.

Have you ever used female hormones (estrogen) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository)

If Yes, please continue

Have you ever used female hormone pills prescribed by a doctor which contained estrogen or a combination of estrogen or progesterone (for example premarin, ogen, estrace, prempro or premphase)?
If Yes, in the past 2 years, how many months did you use female hormone pills which contained estrogen or a combination of estrogen or progesterone?

1. Less than 1 month
2. 1-6 months
3. 7-10 months
4. 11-12 months
5. 13-18 months
6. 19-24 months
7. Did not use these in the past 2 years

Are you using estrogen or combination estrogen and progesterone now?

1. Yes
2. No
3. Not sure

If No, at what age did you stop taking hormone pills?

1. Less than 1 year
2. 1-6 years
3. 7-10 years
4. 11-12 years
5. 13-18 years
6. 19-24 years
7. I used them less than one year.

For how many years altogether have or did you use hormone pills?

1. Less than 1 year
2. 1-6 years
3. 7-10 years
4. 11-12 years
5. 13-18 years
6. 19-24 years
7. I used them less than one year.

Have you taken shots containing the female hormone estrogen?

1. Yes
2. No
3. Not sure

If Yes, in the past 2 years, how many months did you take shots containing estrogen?
A. Women’s Health - continued

Are you taking shots containing estrogen now?

- Yes
- No
- Not sure

If No,

At what age did you stop taking hormone shots?

- years old

For how many years altogether have you or did you use hormone shots?

- years

Have you ever used a skin patch containing the female hormone ESTROGEN with or without PROGESTERONE (for example, estraderm, climera, vivelle)?

- Yes
- No
- Not sure

If Yes,

In the past 2 years, how many months did you use the skin patches?

- Less than 1 mo.
- 1-6 months
- 7-10 months
- 11-12 months
- 13-18 months
- 19-24 months

Are you using the skin patches now?

- Yes
- No
- Not sure

If No,

At what age did you stop the skin patches?

- years

For how many years altogether have you or did you use the skin patches?

- years
A. Women's Health - continued

Have you ever used vaginal cream or suppositories containing the female hormone estrogen?

rhcream
1. Yes
2. No
8. Not sure

➔ If Yes,
In the past 2 years, how many months did you use vaginal cream or suppositories containing estrogen?
rhtime4
1. Less than 1 mo.
2. 1-6 months
3. 7-10 months
4. 11-12 months
5. 13-18 months
6. 19-24 months

Are you using vaginal cream or suppositories containing estrogen now?
rhcnow
1. Yes
2. No
8. Not sure

➔ If No,
At what age did you stop using estrogen cream or suppositories?
rhage4

For how many years altogether have you or did you use estrogen cream or suppositories?
rhyears4
### A. Women's Health

We are going to ask you several questions about your pregnancy history, use of hormone medication, menopause, and other important information concerning women's health.

1. Have you ever been pregnant?
   - 1 Yes
   - 2 No

   How many times have you been pregnant?
   - [ ] times

   Did you ever have a pregnancy that lasted at least 6 months?
   - 1 Yes
   - 2 No

   How old were you at the end of the first of these pregnancies?
   - [ ] years old

   How old were you at the end of the last of these pregnancies?
   - [ ] years old

   How many live births did you have?
   - [ ] live births

2. Have you ever taken oral contraceptive pills (birth control pills) for any reason? (NOTE: include norplant)
   - 1 Yes
   - 2 No

   Are you currently taking oral contraceptives?
   - 1 Yes
   - 2 No
   - 9 Don't know

3. Have you gone through menopause or the change of life?
   - 1 Yes
   - 2 No
   - 9 Not sure

   How did your periods stop?
   - 1 Naturally
   - 2 By surgery
   - 3 Other

   How old were you when this occurred?
   - [ ] Years

   Go to question 8.
<table>
<thead>
<tr>
<th>A. Women's Health</th>
</tr>
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<tbody>
<tr>
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<tr>
<td>1 ☐ Yes ➔ Go to question 8.</td>
</tr>
<tr>
<td>2 ☐ No</td>
</tr>
<tr>
<td>8 ☐ Not sure</td>
</tr>
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<td>5. Do you still have both your ovaries, only one, or none?</td>
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<tr>
<td>1 ☐ Both</td>
</tr>
<tr>
<td>2 ☐ Only one</td>
</tr>
<tr>
<td>3 ☐ None ➔ Go to question 8.</td>
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<tr>
<td>8 ☐ Not sure</td>
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<td>6. Which of the following best describes your current menopausal status?</td>
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<td>1 ☐ periods have stopped completely for at least 12 months</td>
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<td>2 ☐ monthly periods have become infrequent or very irregular</td>
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<td>3 ☐ still having regular or fairly regular periods and taking hormone or birth control pills</td>
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<td>4 ☐ still having regular or fairly regular periods and not taking hormone pills</td>
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<tr>
<td>5 ☐ other</td>
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<tr>
<td>9 ☐ don't know</td>
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<td>7. During the last 12 months have your periods . . .</td>
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<td>1 ☐ become farther apart?</td>
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<td>3 ☐ occurred at more variable intervals?</td>
</tr>
<tr>
<td>4 ☐ stayed the same?</td>
</tr>
<tr>
<td>5 ☐ stopped completely?</td>
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A. Women's Health

The next questions are about hormone replacement therapy. That is the use of estrogen or other hormones for women who have gone through or are going through menopause, or to treat certain symptoms. It does NOT include the use of hormones for birth control.

8. Have you ever used estrogen or hormone replacement therapy that was not for birth control?
   1 □ Yes
   2 □ No
   8 □ Not sure

Have you used any "natural" hormones that you can get without a doctor's prescription? (These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppositories, or skin cream.)

What types of "natural" hormones have you used? (Do not include hormone preparations that need a doctor's prescription.) Mark all that apply.

1 □ Wild Yam or progesterone cream
2 □ Wild Yam pills
3 □ DHEA (dehydroepiandrosterone pills)
4 □ Phytoestrogen pills (soy or flax)
5 □ Phytoestrogen creams (soy or flax)
6 □ Phytoestrogen containing foods (tofu, soy beans)
7 □ Other
8 □ Don't know

Are you using any of these natural hormones now?
   1 □ Yes
   2 □ No
   8 □ Not sure

The next questions are about female hormones you get with a doctor's prescription.

Have you ever used female hormones (estrogen) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository.)

1 □ Yes → Continue to next page
2 □ No → END of form
8 □ Not sure → END of form
Have you ever used female hormone PILLS prescribed by a doctor which contained ESTROGEN or a combination of ESTROGEN and PROGESTERONE (for example premarin, ogen, estrace, prempro or premphase)?

1 □ Yes  
2 □ No  
8 □ Not sure

**In the past 2 years, how many months did you use female hormone PILLS which contained ESTROGEN or a combination of ESTROGEN and PROGESTERONE?**

1 □ Less than 1 month  
2 □ 1-6 months  
3 □ 7-10 months  
4 □ 11-12 months  
5 □ 13-18 months  
6 □ 19-24 months  
7 □ I did not use these in the past 2 years

Are you using ESTROGEN or combination ESTROGEN and PROGESTERONE now?

1 □ Yes  
2 □ No  
8 □ Not sure

**At what age did you stop taking hormone pills?**

**For how many years altogether have or did you use hormone pills?**

[ ] I used them less than one year

Have you ever taken shots containing the female hormone ESTROGEN?

1 □ Yes  
2 □ No  
8 □ Not sure

**In the past 2 years, how many months did you take shots containing ESTROGEN?**

1 □ Less than 1 month  
2 □ 1-6 months  
3 □ 7-10 months  
4 □ 11-12 months  
5 □ 13-18 months  
6 □ 19-24 months
A. Women's Health

Are you taking shots containing ESTROGEN now?
1 □ Yes  At what age did you stop taking hormone shots?
2 □ No  
8 □ Not sure  For how many years altogether have you or did you use hormone shots?

Have you ever used a skin patch containing the female hormone ESTROGEN with or without PROGESTERONE (for example, estraderm, climera, vivelle)?
1 □ Yes  In the past 2 years, how many months did you use the skin patches?
2 □ No  
8 □ Not sure  1 □ Less than 1 month
2 □ 1-6 months
3 □ 7-10 months
4 □ 11-12 months
5 □ 13-18 months
6 □ 19-24 months

Are you using the skin patches now?
1 □ Yes  At what age did you stop the skin patches?
2 □ No  
8 □ Not sure  For how many years altogether have you or did you use the skin patches?
Have you ever used vaginal cream or suppositories containing the female hormone ESTROGEN?

1  □ Yes
2  □ No
8  □ Not sure

If you answered 'Yes', how many months did you use vaginal cream or suppositories containing ESTROGEN?

1  □ Less than 1 month
2  □ 1-6 months
3  □ 7-10 months
4  □ 11-12 months
5  □ 13-18 months
6  □ 19-24 months

Are you using vaginal cream or suppositories containing ESTROGEN now?

1  □ Yes
2  □ No
8  □ Not sure

At what age did you stop using estrogen cream or suppositories?

For how many years altogether have you or did you use estrogen cream or suppositories?