Technology Use

1. Do you own a personal computer or laptop in your home?
   
   **tu_computer**
   
   1. yes
   2. no

   If NO, go to Question 4.

2. Do you have e-mail on your computer or laptop?
   
   **tu_email**
   
   1. yes
   2. no

   If Yes, how often do check your e-mail from your personal/home computer or laptop?
   
   **tu_chkemail**
   
   1. once a month
   2. weekly
   3. every day

3. Do you have internet access on your computer?
   
   **tu_internet**
   
   1. yes
   2. no
If Yes, how often do you explore/surf/"get on" the internet from your personal/home computer or laptop?

**tu_surfhome**

1. once a month
2. weekly
3. every day

4. Do you access the internet from locations other than your home?

**tu_intother**

1. yes
2. no

If Yes, how often do you explore/surf/"get on" the internet from these locations?

**tu_surfother**

1. once a month
2. weekly
3. every day

What locations do you use most?

- Cybercafe
- Library
- Family/Friend's home
- Work
- Other location

Specify: **tu_othsp**

5. Do you own a cell phone?

**tu_cell**

1. yes
2. no
If NO, go to Question 8.

If Yes, do you own a "Smart" phone, i.e., Blackberry, iPhone, Droid?

```
tu_smartphone
1 yes
2 no
```

6. Do you send or receive text messages on your phone?

```
tu_text
1 yes
2 no
```

If Yes, how often do you send or receive text on your phone?

```
tu_textcount
1 once a month or less
2 weekly
3 every day
```

7. Do you send or receive e-mail on your phone?

```
tu_emailphone
1 yes
2 no
```

If Yes, how often do you send or receive e-mail on your phone?

```
tu_emailcount
1 once a month or less
2 weekly
3 every day
```
8. Do you use "Social Networking" sites, i.e., Facebook, Twitter, Skype or other?

- **tu_networks**
  - 1. yes
  - 2. no

How often do you use?

- **a. Facebook**
  - tu_facebook
  - 1. never
  - 2. once a month or less
  - 3. weekly
  - 4. every day

- **b. Twitter**
  - tu_twitter
  - 1. never
  - 2. once a month or less
  - 3. weekly
  - 4. every day

- **c. Skype**
  - tu_skype
  - 1. never
  - 2. once a month or less
  - 3. weekly
  - 4. every day

- **d. Other**
  - tu_othernet
  - 1. never
  - 2. once a month or less
  - 3. weekly
  - 4. every day

9. Please check the way(s) you prefer to receive information related to the Look AHEAD Study. (Check all that apply.)

- **tu_homephone** value="1"  
  Home phone

- **tu_cellphone** value="1"  
  Cell phone

- **tu_textmail** value="1"  
  Text mail

- **tu_emailcontact** value="1"  
  E-mail

- **tu_usmail** value="1"  
  US mail

10. If Look AHEAD were to develop questionnaires online, would you be willing to complete the questionnaires on the computer/internet?

- **tu_ques**
1 yes
2 yes, if a family member or friend could assist me
3 no
Technology Use

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Do you own a personal computer or laptop in your home?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No ➔ <strong>Go to question 4</strong></td>
<td></td>
</tr>
<tr>
<td>2. Do you have e-mail on your computer or laptop?</td>
<td></td>
</tr>
<tr>
<td>□ Yes</td>
<td></td>
</tr>
<tr>
<td>How often do you check your e-mail from your personal/home computer or laptop?</td>
<td></td>
</tr>
<tr>
<td>Once a month</td>
<td></td>
</tr>
<tr>
<td>Weekly</td>
<td></td>
</tr>
<tr>
<td>Everyday</td>
<td></td>
</tr>
<tr>
<td>Less than once a month</td>
<td></td>
</tr>
<tr>
<td>2  □ No</td>
<td></td>
</tr>
<tr>
<td>3. Do you have internet access on your computer?</td>
<td></td>
</tr>
<tr>
<td>□ Yes</td>
<td></td>
</tr>
<tr>
<td>How often do you explore/surf/&quot;get on&quot; the internet from your personal/home computer or laptop?</td>
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<tr>
<td>Everyday</td>
<td></td>
</tr>
<tr>
<td>Less than once a month</td>
<td></td>
</tr>
<tr>
<td>2 □ No</td>
<td></td>
</tr>
<tr>
<td>4. Do you access the internet from locations other than your home?</td>
<td></td>
</tr>
<tr>
<td>□ Yes ➔</td>
<td></td>
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<tr>
<td>Everyday</td>
<td></td>
</tr>
<tr>
<td>➔ What locations do you use most? <em>(Check all that apply.)</em></td>
<td></td>
</tr>
<tr>
<td>□ Cybercafe</td>
<td></td>
</tr>
<tr>
<td>□ Library</td>
<td></td>
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<tr>
<td>□ Family/Friend's home</td>
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<tr>
<td>□ Work</td>
<td></td>
</tr>
<tr>
<td>□ Other location <em>(Specify:_____________________________________)</em></td>
<td></td>
</tr>
<tr>
<td>2 □ No</td>
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</table>
5. Do you own a cell phone?

1 □ Yes ➔ Do you own a “Smart” phone, i.e. Blackberry, iPhone, Droid?
   1 □ Yes
   2 □ No

2 □ No ➔ Go to question 8

6. Do you send or receive text messages on your phone?

1 □ Yes ➔ How often do you send or receive text on your phone?
   1 □ Once a month or less
   2 □ Weekly
   3 □ Everyday

2 □ No

7. Do you send or receive e-mail on your phone?

1 □ Yes ➔ How often do you send or receive e-mail on your phone?
   1 □ Once a month or less
   2 □ Weekly
   3 □ Everyday

2 □ No

8. Do you use “Social Networking” sites, i.e. Facebook, Twitter, Skype, or other?

1 □ Yes ➔ How often do you use?

<table>
<thead>
<tr>
<th></th>
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<th>Weekly</th>
<th>Everyday</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Facebook</td>
<td>1 □</td>
<td>2 □</td>
<td>3 □</td>
<td>4 □</td>
</tr>
<tr>
<td>b. Twitter</td>
<td>1 □</td>
<td>2 □</td>
<td>3 □</td>
<td>4 □</td>
</tr>
<tr>
<td>c. Skype</td>
<td>1 □</td>
<td>2 □</td>
<td>3 □</td>
<td>4 □</td>
</tr>
<tr>
<td>d. Other</td>
<td>1 □</td>
<td>2 □</td>
<td>3 □</td>
<td>4 □</td>
</tr>
</tbody>
</table>

2 □ No
9. Please check the way(s) you prefer to receive information related to the Look AHEAD Study. (Check all that apply.)

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<table>
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<tbody>
<tr>
<td></td>
<td>Home phone</td>
</tr>
<tr>
<td>2</td>
<td>Cell phone</td>
</tr>
<tr>
<td>3</td>
<td>Text mail</td>
</tr>
<tr>
<td>4</td>
<td>E-mail</td>
</tr>
<tr>
<td>5</td>
<td>US mail</td>
</tr>
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10. If Look AHEAD were to develop questionnaires online, would you be willing to complete the questionnaires on the computer/internet?

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<tbody>
<tr>
<td></td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>Yes, if a family member or friend could assist me</td>
</tr>
<tr>
<td>3</td>
<td>No</td>
</tr>
</tbody>
</table>